

**Flagship 2010
14-16 MAY 2010
SEABAG LIST**

Personal Items

Underwear (white cotton)	2 pair
Hooded sweatshirt and sweatpants (Navy issued or plain dk blue)	1 pair
Athletic shorts/ T-Shirt (Issued PT gear)	1
Athletic socks (white cotton)	3 pair
Shoes (athletic)	1 pair

Personal Hygiene

towel & washcloth (plain white)	1
shower shoes (flip flops)	1
toiletries (including deodorant/toothbrush) (no aerosols)	As appropriate
Feminine hygiene / Hair Ties	As appropriate
Shaving Items (razor, shaving cream) (No aerosols)	

Supplies

Sea bag (w/name & unit)	1
Padlock	1

Uniform Items

Dungaree Pants (utility) (nametape)	2
Regulation BDUs with proper flashes	
Belt (black)	1
Raincoat (black, no flashes)	1
T-shirt (brown)	2
T-shirt (plain white crew neck)	1
Black Socks (cotton)	3
Combat Boots	1 pair

Optional Items

extra blanket	1
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NO CIVILIAN CLOTHES
NO CELL PHONES
NO CONTRABAND

IF AN ITEM IS NOT ON THE LIST- IT IS NOT AUTHORIZED